



Kate LaSala, CTC, CSAT, CBCC-KA, PCBC-A, FFCP-E

Multi-Credentialed & Certified Behavior Consultant

Dog Fear & Aggression Expert

Companion Animal End-Of-Life Death Doula



About Kate

Kate LaSala is a multi-credentialed behavior consultant who specializes in fear, aggression, and separation anxiety and owns Rescued By Training. She's an expert in fearful dogs with a passion for rescues and seniors. She is also a companion animal death doula and helps clients navigate pet loss and grief, especially stigmatized losses like behavioral euthanasia. In April 2024 she said goodbye her 15-1/2 year old heart dog BooBoo, who was her muse and inspiration to become a trainer.

After more than a decade of training fearful dogs, Kate has helped thousands of dogs overcome issues their guardians thought were once impossible, helping clients worldwide through remote one-on-one sessions and budget-friendly, self-paced courses.

A lifelong animal advocate, she helped shutter puppy mill stores around the NYC area while supporting industry legislation efforts, advocating against punitive training methods and supporting standards of education, competency, continuing education and transparency in the dog training industry with humane standards of training for the animals and consumer protection for the humans. She shares her life with her husband, a composer & podcast producer and their dog Gertie, all while being an active dog foster family.

Expert Topics

- Separation Anxiety
- Behavioral Euthanasia
- Dangers of Punishment-Based Training
- Transparency in Sheltering & Rescue
- Dog Fear & Aggression
- Dog Bites
- Dogs & Children
- Pet Loss & Grief

New York Times
Washington Post
Yahoo! Life

Featured In

FOX 28
Rover

AP News
Newsweek
The Psychologist



help@rescuedbytraining.com



www.rescuedbytraining.com