Kate LaSala is a multi-credentialed behavior consultant who specializes in fear, aggression, and separation anxiety and owns Rescued By Training. She’s an expert in fearful dogs and has a passion for rescues and seniors. She shares her life with her audio tech, husband John, and her 15-year-old dog, BooBoo, who was her inspiration to become a trainer. After nearly a decade of training fearful dogs, Kate has helped thousands of dogs overcome issues their guardians thought were impossible. And now helps clients worldwide through remote one-on-one sessions and through her self-paced courses.

A lifelong animal advocate, she helped shutter puppy mill stores around the NYC area while supporting industry legislation efforts. She advocates against punitive methods of training while supporting dog training industry regulation with minimum standards of education, competency, continuing education and transparency so there are humane standards of training for the animals and consumer protection for the humans.

**About Kate**

**Expert Topics**
- Dog Fear & Aggression
- Dog Bites
- Dogs & Children
- Separation Anxiety
- Behavioral Euthanasia
- Dangers of Punishment-Based Training

**Featured In**
- The Wall Street Journal
- ABC
- Yahoo!
- FOX 28
- Rover
- PureWow

**Kate LaSala, CTC, CSAT, CBCC-KA, PCBC-A, FFFCP-E**

Multi-Credentialed & Certified Behavior Consultant

Dog Fear & Aggression Expert

Companion Animal End-Of-Life Death Doula