



EMERGENCY CONTACTS

POSTPARTUM HOTLINE

PostPartum.net
Call or text "Help" to
800-944-4773

FAMILY PAWS HOTLINE

Call 877-247-3407

MENTAL HEALTH CRISIS

Call or text 988 or
chat at
988lifeline.org

POLICE/FIRE/ER

Call 911

HUMAN POISON CONTROL

Call 1-800-222-1222

EMERGENCY VET CLINIC

PET POISON CONTROL

Call 1-888-426-4435

REGULAR VET CLINIC