

DOWN/STAY

Down/Stay Plan: Dog maintains a down/stay for 2 minutes at the other end of the room with normal household distractions



STEP	DISTRACTION	DURATION	DISTANCE
1	High-value food food dangle (left and right side of dog)	1 second	none
2	High-value food food dangle (left and right side of dog)	3 seconds	
3	High-value food on ground (left and right side of dog)	1 second	
4	High-value food on ground (left and right side of dog)	3 seconds	
5	Walk around in 1-step increments		
6	Walk around other direction		
7	Bungee steps away in 1-step increments away from dog		
8	Normal household distractions (opening cabinets, fridge, sitting at table, walking towards door, etc.)		vary distance 6 feet to maximum
9	Normal household distractions *Note: The goal here is to vary the times and to not always make it longer and longer but to mix up the times from the list here..	Build Duration (mixing variable intervals of seconds*): 1 3 5 10 15 20 30 60 120	